



ASHLAND AREA YMCA POOL SCHEDULE FEBRUARY 2017

UPDATED 2/13/2017

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 -9:00 AM	OPEN SWIM LAP SWIM BC/PB SWIM TEAM 545A-645A	OPEN SWIM LAP SWIM AAY- SWIM TEAM 6A-7A	OPEN SWIM LAP SWIM BC/PB SWIM TEAM 545A-645A	OPEN SWIM LAP SWIM AAY- SWIM TEAM 6A-7A	OPEN SWIM LAP SWIM BC/PB SWIM TEAM 545A-645A	7:00AM OPEN SWIM BC SWIM TEAM 8A-930A	
9:00 - 9:45 AM	AQUA FIT 9:00-9:45	AQUA ZUMBA 9:00-9:45	AQUA FIT 9:00-9:45	AQUA ZUMBA 9:00-9:45			
9:00 - 11:00 AM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	OPEN SWIM	9:15-9:45 AM SKIPS	
9:45-11:15 AM	AQUA TONING 9:50-10:35	AQUA TONING 9:50-10:35	AQUA TONING 9:50-10:35	AQUA TONING 9:50-10:35	OPEN SWIM	AQUA ZUMBA 9:50-10:35 W/DAPHNE	
11:15- NOON	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON	10:00AM-7:30 PM	1:00PM
NOON - 1:00 PM	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	FAMILY OPEN SWIM	FAMILY OPEN SWIM
1:00 - 4:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM
4:00 7:00 PM	SWIM TEAM 4:00-7:00PM WATER WORKS WONDERS 4:00-4:45 SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00530 WATER WORKS WONDERS 4:00-4:45 SWIM LESSONS 4:45-6:15 BC SWIM TEAM 530-630PM	SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00-7:00PM		5:00PM
4:45 - 6:15 PM							
6:15- 7:30 PM	TRIATHALON LAP SWIM 615-7PM AQUA ZUMBA 6:15-7:00 W/DAPHNE	AQUA TONING 6:15-7:00 W/DAPHNE	TRIATHALON LAP SWIM 615-7PM AQUA ZUMBA 6:15-7:00 W/DAPHNE	AQUA TONING 6:15-7:00 W/DAPHNE	TRIATHALON LAP SWIM 615-7PM OPEN SWIM 7PM	TRIATHALON LAP SWIM MON., WED, FRIDAY, PER BOB GREEN, EXE.DIRECTOR	
7:30 - 9:00 PM	OPEN SWIM	ADULT SWIM CLASS 7:00-7:45 OPEN SWIM	OPEN SWIM	ADULT SWIM CLASS 7:00-7:45 OPEN SWIM	OPEN SWIM		

HAPPY VALENTINES DAY!!