



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **HELPING OTHERS BACK TO SCHOOL**



**Bring in 5 non-perishable items to be distributed to families in need between August 1<sup>st</sup> - 6<sup>th</sup> and we will waive your \$75 joining fee.**

**Examples of various items:**

- **School supplies**
- **Boxed or packaged foods, microwave meals**
- **Peanut Butter, Jelly, Nutella**
- **Fruit Snacks, Cereal, Oats, Pop Tarts**
- **Cooking sprays, Salt, Pepper, Spices, Vegetable Oil, Sugar**
- **Drink packets**
- **Toilet Paper, Paper Towels**
- **Full size toiletries (shampoo, conditioner, body wash, bar soap...)**
- **Aluminum Foil, Saran Wrap**

**Ashland Area YMCA  
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