



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YOGA for Youth Sports

10 a.m. | every Tuesday and Thursday

Beginning May 23

\$5 for first child • \$2 for each additional sibling
Contact Holly Gully, Fitness & Wellness Supervisor, for more information

ASHLAND AREA YMCA

3232 Old 13th St, Ashland, KY | (606) 324-6191 | ashlandareaymca.org