



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

HELPING OTHERS BACK TO SCHOOL



Bring in 5 school supplies or 5 non-perishable items to be distributed to families in need between August 1st - 30th and we will waive your \$75 joining fee.

Examples of various items:

- **School supplies**
- **Boxed or packaged foods, microwave meals**
- **Peanut Butter, Jelly, Nutella**
- **Fruit Snacks, Cereal, Oats, Pop Tarts**
- **Cooking sprays, Salt, Pepper, Spices, Vegetable Oil, Sugar**
- **Drink packets**
- **Toilet Paper, Paper Towels**
- **Full size toiletries (shampoo, conditioner, body wash, bar soap...)**
- **Aluminum Foil, Saran Wrap**

**Ashland Area YMCA
3232 Megan Neyer Way
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