



## ASHLAND AREA YMCA POOL SCHEDULE MARCH 2018

\*UPDATED 02/22/18

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00 AM	RHS/BOYD SWIM TEAM 530A-7A OPEN SWIM LAP SWIM	AAV SWIM TEAM 530A-7A OPEN SWIM LAP SWIM	RHS/BOYD SWIM TEAM 530A-7A OPEN SWIM LAP SWIM	AAV SWIM TEAM 530A-7A OPEN SWIM LAP SWIM	RHS/BOYD SWIM TEAM 530A-7A OPEN SWIM LAP SWIM	7:00AM OPEN SWIM	
9:00 - 9:45 AM	AQUA ZUMBA 9AM-9:50AM W/DAPHNE	AQUA ZUMBA 9AM-9:50AM W/DAPHNE	AQUA ZUMBA 9AM-9:50AM W/ALISON	AQUA ZUMBA 9AM-9:50AM W/DAPHNE			
9:00 - 11:00 AM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	OPEN SWIM	9:15-9:45 AM SKIPS	
9:45-11:15 AM	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	OPEN SWIM	SWIM LESSONS 9A-11:10AM FAMILY OPEN SWIM	
11:15- NOON	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON		1:00PM  FAMILY OPEN SWIM
NOON - 1:00 PM	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING		
1:00 - 4:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	LAP SWIM	
4:00 7:00 PM	AAV, BC,RHS SWIM TEAM 5:30-6:30PM WATER WORKS WONDERS 4:00-4:45 SWIM LESSONS 4:45-6:15	AAV, BC,RHS SWIM TEAM 5:30-6:30PM SWIM LESSONS 4:45-6:15	AAV, BC,RHS SWIM TEAM 4:00530 WATER WORKS WONDERS 4:00-4:45 SWIM LESSONS 4:45-6:15	AAV, BC,RHS SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	AAV, BC,RHS SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15		5:00PM
4:45 - 6:15 PM							
6:15- 7:30 PM	ADULT LAP SWIM 7-9PM	AQUA TONING 6:15-7:00 W/Christina	ADULT LAP SWIM 615-7PM AQUA FITNESS 6:15-7:00 DAPHNE/CHRISTINA	AQUA TONING 6:15-7:00 W/Christina	ADULT LAP SWIM 615-7PM OPEN SWIM 7PM	ADULT LAP SWIM MON.,WED,FRIDAY, PER BOB GREEN, EXE.DIRECTOR	
7:30 - 9:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		

**\*\* REMINDER 2018 STATE SWIM MEET – YMCA POOL WILL BE CLOSED MARCH 1<sup>ST</sup> THRU MARCH 4<sup>TH</sup>, 2018!!!!**