



ASHLAND AREA YMCA POOL SCHEDULE April & May

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 -9:00 AM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	7:00AM OPEN SWIM		
9:00 - 9:45 AM	AQUA JAM 9AM-9:50AM W/April	AQUA Fusion 9AM-9:50AM W/SASHA	AQUA ZUMBA 9AM-9:50AM W/ALISON	AQUA Fusion 9AM-9:50AM W/SASHA	Aqua Fit 9:00-9:45AM w/Tina			
9:00 – 11:00 AM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	OPEN SWIM	9:15-9:45 AM SKIPS		
9:45-11:15 AM	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/ALISON	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	Aqua Toning 9:50AM-10:35AM w/Tina	SWIM LESSONS 9A-11:10AM FAMILY OPEN SWIM		
11:15- NOON	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON			1:00PM
NOON - 1:00 PM	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING			FAMILY OPEN SWIM
1:00 - 4:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	LAP SWIM		
4:00 7:00 PM	Lap Swim 4:00-7:00 SWIM TEAM 4:00-7:00PM WATER WORKS WONDERS 4:00-4:45 SWIM LESSONS 4:45-6:15	Lap Swim 4:00-7:00 SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	Lap Swim 4:00-7:00 SWIM TEAM 4:00-530 WATER WORKS WONDERS 4:00-4:45 SWIM LESSONS 4:45-6:15	Lap Swim 4:00-7:00 SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	Lap Swim 4:00-7:00 SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15			LAP SWIM
6:15- 7:30 PM	ADULT LAP SWIM 7-9PM	AQUA TONING 6:15-7:00 W/Christina	ADULT LAP SWIM 615-7PM AQUA TONING 6:15-7:00 Michelle	AQUA TONING 6:15-7:00 W/Christina	ADULT LAP SWIM 615-7PM OPEN SWIM 7PM			
7:30 - 10:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM			