



ASHLAND AREA YMCA POOL SCHEDULE SEPTEMBER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00 AM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	OPEN SWIM LAP SWIM	7:00AM OPEN SWIM	
9:00 - 9:45 AM	AQUA JAM 9AM-9:50AM W/April	AQUA Fusion 9AM-9:50AM W/SASHA	AQUA ZUMBA 9AM-9:50AM W/ALISON	AQUA Fusion 9AM-9:50AM W/SASHA	Swim Lessons		
9:00 - 11:00 AM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	CHILD CARE SWIM	OPEN SWIM	9:15-9:45 AM SKIPS	
9:45-11:15 AM	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/CHRISTINA	AQUA TONING 9:50AM-10:35AM W/ALISON	AQUA TONING 9:50AM-10:35AM W/CHRISTINA		SWIM LESSONS 9A-11:10AM FAMILY OPEN SWIM	
11:15- NOON	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON	OPEN SWIM	WATER WORKS WONDERS 11:15-NOON		
NOON - 1:00 PM	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	ADULTS ONLY LAPS & WATER WALKING	LAP SWIM	
1:00 - 4:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
4:00 7:00 PM	SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00-530 SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	SWIM TEAM 4:00-7:00PM SWIM LESSONS 4:45-6:15	LAP SWIM	
6:15- 7:30 PM	ADULT LAP SWIM 7-9PM	AQUA TONING 6:15-7:00 W/Christina	ADULT LAP SWIM 615-7PM AQUA TONING 6:15-7:00 Michelle	AQUA TONING 6:15-7:00 W/Christina	ADULT LAP SWIM 615-7PM OPEN SWIM 7PM		
7:00 - 10:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		