



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Non-Hodgkin's LYMPHOMA AWARENESS



1-MILE WALK/RUN

SATURDAY, SEPTEMBER 21ST 7:30AM

ASHLAND AREA YMCA PARKING LOT

Mediastinal Non-Hodgkin's Lymphoma is a rare and very aggressive cancer.

- Join us in bringing awareness to this terrible disease.
- In addition to bringing awareness to Lymphoma, the YMCA will be raising funds to offer a free community support program called "Strong Warriors" for cancer patients, survivors, and their household family or caregivers.
- Donations of \$20 or more will receive a t-shirt and a lymphoma bracelet.
- An additional bracelet will be \$2. The shirts and the bracelets will be on a first come first serve donation basis on the day of the event.
- All donation amounts welcome
- This will not be a timed event.

Free water and snacks will be provided after the event

Raffle Prize tickets available for a \$1

ASHLAND AREA YMCA
3232 Megan Neyer Way, Ashland, KY
(606) 324-6191
ashlandareaymca.org

