



ASHLAND AREA YMCA JANUARY POOL SCHEDULE 2023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-9:00 AM	LAP SWIM (RESERVATION RECOMMENDED) SWIM TEAM PRACTICE 5:30-7:00AM (1 lane)	LAP SWIM (RESERVATION RECOMMENDED)	LAP SWIM (RESERVATION RECOMMENDED)	LAP SWIM (RESERVATION RECOMMENDED)	LAP SWIM (RESERVATION RECOMMENDED) SWIM TEAM PRACTICE 5:30-7:00AM (1 lane)	Y OPENS AT 6:00AM Saturday	Y OPENS AT 1:00PM SUNDAY
9:00-12:00 AM	AQUA DANCE & TONE 9:00AM-11:00AM WATER WORKS WONDERS 11:00-NOON LAP SWIM (select lanes) OPEN SWIM (Deep End)	AQUA DANCE & TONE 9:00AM-11:00AM	AQUA DANCE & TONE 9:00AM-10:30AM WATER WORKS WONDERS 11:00-NOON LAP SWIM (select lanes) OPEN SWIM (Deep End)	AQUA DANCE & TONE 9:00AM-10:30AM LAP SWIM (select lanes) OPEN SWIM (Deep End)	WATER WORKS WONDERS 11:00-NOON LAP SWIM (select lanes) OPEN SWIM (Deep End)	SWIM TEAM PRACTICE (HIGH SCHOOLS) 8:00AM-10:00AM (select lanes) OPEN SWIM IS AVAILABLE DURING SWIM TEAM PRACTICE	OPEN SWIM
12:00 - 1:00 PM	LAP SWIM OPEN SWIM	LAP SWIM OPEN SWIM	LAP SWIM OPEN SWIM	LAP SWIM OPEN SWIM	LAP SWIM OPEN SWIM		
1:00 - 4:00 PM	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)		SWIM TEAM PRACTICE (HIGH SCHOOLS) 1:15PM-3:15PM (select lanes) OPEN SWIM IS AVAILABLE DURING SWIM TEAM PRACTICE
4:00 – 7:30 PM	YMCA SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) One Lane Lap Swim (lane 2) 4:00-6:30 OPEN SWIM (lane 1)	YMCA SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) One Lane Lap Swim (lane 2) 4:00-6:30 OPEN SWIM (lane 1)	YMCA SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) One Lane Lap Swim (lane 2) 4:00-6:30 OPEN SWIM (lane 1)	YMCA SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) One Lane Lap Swim (lane 2) 4:00-6:30 OPEN SWIM (lane 1)	YMCA SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) One Lane Lap Swim (lane 2) 4:00-6:30 OPEN SWIM (lane 1)	OPEN SWIM	OPEN SWIM
7:30 – 9:00 PM	SWIM TEAM PRACTICE (HIGH SCHOOLS) 7:00PM-9:00PM (select lanes) OPEN SWIM (LANES 1-2)		SWIM TEAM PRACTICE (HIGH SCHOOLS) 7:00PM-9:00PM (select lanes) OPEN SWIM (LANES 1-2)				
9:00PM-10:00PM	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	OPEN SWIM Lap Swim (lanes limited, First-come-first-serve)	Y closes at 8PM on Saturday	Y closes at 8PM on Sunday

Lap swim reservation sessions are 45 minutes (if 10 min late, reservation canceled) – Birthday Parties held Fri/Saturdays/Sundays at scheduled times