



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



KIDS DANCE AEROBICS

With Andrea Hall

**With its high energy and fun dance moves,
Dance Aerobics is the perfect physical activity for children.**

**4:30-5:15 pm | every Thursday in
Rec Room**

Starts February 3rd

Ages 4-12

\$5 for first child • \$2 for each additional sibling

Contact Brooke Yanik, Fitness & Wellness Coordinator for more information

ASHLAND AREA YMCA

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