



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD

TRAINING COURSE

Begins April 24th
3 week course
3 evenings per week
Register now!

**Contact Holly James at the
YMCA for more information
or any questions!**

Cost:
New Lifeguards \$200
Recertify \$150

**American Red Cross Certificate (upon completing all
requirement) \$38**

Important Info:

- You must be able to swim**
- You must be at least 15 years old**
- You will be certified in American Red Cross Lifeguard, CPR for the Professional Rescuer and First Aid. Certification is good for two years.**

ASHLAND AREA YMCA
3232 Megan Neyer Way, Ashland, KY 41102 | 606-324-6191 | www.ashlandareaymca.org