



STRONG SWIMMERS CONFIDENT KIDS

GROUP SWIM LESSONS

Oct 16th – Nov 9th

2 sessions per week over 4 weeks – choose from:
Monday/Wednesday ages 3-5 beginners/6-12 beginners
Tuesday/Thursday 3-5 beginners/6-12 intermediate
(evening sessions only – see back for details)

Member – \$45 – REGISTRATION BEGINS September 25th

Non-member – \$80 – REGISTRATION BEGINS September 29th

AAYMCA MEMBERSHIP BENEFIT!!!

Early registration
to secure your spot
and discounted pricing!

Ashland Area YMCA
3232 Megan Neyer Way
Ashland, KY 41102
(606)324-6191

Questions? Contact
Patrick Ewing
Aquatics Director
(606)324-6191 ext.228

Group Swim Lessons at AAYMCA

4 Weeks, 8 Sessions, Monday/Wednesday or Tuesday/Thursday options

PLEASE NOTE CLASS TIME DIFFERENCES OF M/W and T/TH SESSIONS

Member fees: 1st child \$45 / Each additional child \$22.50

Non-member fees: 1st child \$80 / Each additional child \$40

SWIM BASICS (Beginner) – Students learn personal water safety and achieve basic swimming competency by learning two benchmark skills: swim, float, swim (sequencing front glide, back float, roll, front glide, and exit), and jump, push, turn, grab.

SWIM STROKES (Intermediate) – Having mastered the fundamentals, students learn additional water safety skills and build stroke technique. Students must possess a solid foundation of beginner skills and be able to front and back float on own and swim 10-15 yards on front and back for intermediate course.

Swimmer's Name _____ Birthday _____ Age _____

Address _____ Phone _____

City, State, Zip _____

Previous Swim Lessons YES NO If yes, what level? _____

Parent's Name _____

Member YES NO

Beginner SWIM BASICS Monday/Wednesday

40 minutes

AGE	A	A
3 – 5	___5:00PM-5:40PM	-----
6 – 12	-----	___5:45PM – 6:25PM

Beginner SWIM BASICS Tuesday/Thursday

40 minutes

AGE	A	B
3 – 5	___6:00PM – 6:40PM	-----

Intermediate SWIM STROKES Tuesday/Thursday

40 minutes

AGE	A	B
6 – 12	-----	___6:45PM – 7:25PM