



Personal TRAINING

One-hour session \$30

Now offering one-hour non-member session \$40

10 session discount: \$270

(get one free when you purchase 10)

10 session discount non-member \$360

Buddy Session: \$50

Group Package: (3 to 6 people) \$150

Now offering:

- **30 min session \$20**

For more information, please contact
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