



ASHLAND AREA YMCA SEPTEMBER POOL SCHEDULE 2022

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------|---|---|---|--|--|---|----------------------------------|
| 5:00-9:00 AM | LAP SWIM (RESERVATION RECOMMENDED) | LAP SWIM (RESERVATION RECOMMENDED) | LAP SWIM (RESERVATION RECOMMENDED) | LAP SWIM (RESERVATION RECOMMENDED) | LAP SWIM (RESERVATION RECOMMENDED) | Y OPENS AT 6:00AM Saturday Aqua Tots 10:00-10:30 and 10:35-11:05 | Y OPENS AT 1:00PM SUNDAY |
| 9:00-12:00 AM | AQUA DANCE & TONE 9:00AM-11:00AM w/Nancy WATER WORKS WONDERS 11:00-NOON LAP SWIM select lanes OPEN SWIM (Deep End) | AQUA DANCE & TONE 9:00AM-11:00AM w/Kris LAP SWIM select lanes OPEN SWIM (Deep End) | AQUA DANCE & TONE 9:00AM-11:00AM w/Nancy WATER WORKS WONDERS 11:00-NOON LAP SWIM select lanes OPEN SWIM (Deep End) | AQUA DANCE & TONE 9:00AM-10:00AM w/ Chrissie LAP SWIM select lanes OPEN SWIM (Deep End) | WATER WORKS WONDERS 11:00-NOON LAP SWIM select lanes OPEN SWIM (Deep End) | | |
| 12:00 - 1:00 PM | LAP SWIM OPEN SWIM | LAP SWIM OPEN SWIM | LAP SWIM OPEN SWIM | LAP SWIM OPEN SWIM | LAP SWIM OPEN SWIM | | |
| 1:00 - 4:00 PM | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM | OPEN SWIM |
| 4:00 - 7:30 PM | SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) OPEN SWIM | SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) OPEN SWIM | SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) OPEN SWIM | SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) OPEN SWIM | SWIM TEAM PRACTICE 4:00PM-7:30PM (select lanes) OPEN SWIM | | |
| 7:30 - 10:00 PM | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | OPEN SWIM Lap Swim (lanes limited, First-come-first-serve) | Y closes at 8PM on Saturday | Y closes at 8PM on Sunday |

Lap swim reservation sessions are 45 minutes