



DISCIPLINE LEADERSHIP SELF-DEFENSE

MARTIAL ARTS

**Sign up anytime!
First class is free!!**

At the Ashland Area YMCA

**Martial Arts (7 & up)
Tues/Thurs 7:00-8:00 PM
Member \$50 | Non Member \$70**

****Discounts for additional family members**

Instructor Mike McDaniel is a black belt in Shaolin Kung Fu, and he is an instructor in Hung Ga Kuen. He has been involved in Martial Arts for over 10 years. For more information contact Holly James at 606-324-6191.